

Future Skills Case Study – Society for Nutrition Education and Health Action (SNEHA)

India

Society for Nutrition Education and Health Action (SNEHA)

Primary programs:

Nurse's Aide certified training program aimed at empowering young women to become financially independent and start a career in the health sector.

Beneficiaries:

Out-of-school adolescent girls and young women from lower socio-economic groups.

Story of Roshani, SNEHA beneficiary



Roshani, SNEHA student - Pune, India

Roshani, a 32-year old trainee, is married with four daughters and lives in Thane with her husband who works as an electrician. They are not financially secure with just one earning member at home who needs to support the day-to-day running of the household and the education of the children. Roshani had completed her schooling up to class 9 and was keen to study further and contribute to the household income. However she was not able to do so due to financial difficulties and household responsibilities.

One of her friends who had completed the SNEHA Nurse's Aide Course suggested the course to her and she managed to join in March 2021. Initially she struggled to cope with the course as she was weak in English. However the teachers at SNEHA helped her in her studies and she put in an extra effort to learn English despite facing health and family issues during the course.

Roshani completed the course successfully, received her training certificate and went on to support the Municipal Corporation of Greater Mumbai's National Polio Campaign in June 2021. After she completed the classroom training in nursing assistance (theory), she was placed for an internship at Sanjivani Hospital, Dombivali, in July 2021. Roshani has been learning on the job and enjoys her work-nursing patients. She now receives a stipend of Rs. 3,000 per month, which helps her towards achieving some financial independence. She continues to build her self-confidence and grow personally and professionally. She takes pride in the fact that she is able to contribute to the family income and see her daughters get a decent education.

A quote from Roshani.

"I am very much grateful and fortunate to have a great opportunity to join SNEHA and complete the Nursing course. All the teachers and staff members were supportive, helpful and understanding. I am very thankful to all of them as they helped me secure a financially independent life."